

What is claimed is:

1. A method of body manipulation in furtherance of treating

5 lymphedema comprising the steps of:

10 a. providing a wrap adapted to fit about a body extremity, said wrap having a trunk region and limb regions, and a plurality of compartments distributed throughout said regions, each of the compartments of said plurality of compartments being capable of selective pressurization and depressurization;

15 b. applying said wrap to said body extremity;

c. preparing the body extremity for receipt of lymph fluid via a first pressurization and depressurization sequence of select compartments within select regions of said regions of said wrap; and,

20 d. draining lymph fluid from the body extremity via a second pressurization and depressurization sequence of select compartments within select regions of said regions of said wrap, whereby the lymphatic system is stimulated so as to promote readorption of pooled lymph fluid within surrounding tissue.

2. The method of claim 1 wherein said first pressurization and

depressurization sequence begins with said trunk region and proceeds to a distal limb region of said limb regions.

3. The method of claim 2 wherein said second pressurization and depressurization sequence begins with said distal limb region and proceeds to said trunk region.

4. The method of claim 3 wherein said first pressurization and depressurization sequence includes a consecutive pressurization and depressurization of each compartment of the compartments distributed throughout said selected region of the regions of said wrap beginning with a distal chamber and proceeding to a proximal chamber thereof.

5. The method of claim 4 wherein said second pressurization and depressurization sequence includes a consecutive pressurization and depressurization of each compartment of the compartments distributed throughout said selected region of the regions of said wrap beginning with a distal chamber and proceeding to a proximal chamber thereof.

6. The method of claim 5 wherein said limb regions are selected from the group consisting of foot, calf and thigh.

7. The method of claim 5 wherein said limb regions are selected from the group consisting of biceps, forearm and hand.